

RESOURCES: SUICIDE

PSYCHOLOGY BENEFITS SOCIETY BLOG 7 Essential Steps Parents Can Take to Prevent Teen Suicide <https://psychologybenefits.org/2013/09/23/prevent-teen-suicide/>

DIALECTICAL BEHAVIOR THERAPY <https://dialecticalbehaviortherapy.com/>
Free skills for taking control of your thoughts, emotions, and relationships.

AMERICAN ASSOCIATION OF SUICIDOLOGY <https://www.suicidology.org/>
Resources for the understanding and prevention of suicide and information for suicide survivors as well as internships for students.

NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-8255
<https://suicidepreventionlifeline.org/>

SUICIDE PREVENTION RESOURCE CENTER <https://www.sprc.org/>
Resources including SPARK Talks videos of leaders in suicide prevention.

NATIONAL INSTITUTE OF MENTAL HEALTH Ask Suicide-Screening Questions Toolkit
<https://www.nimh.nih.gov/research/research-conducted-at-nimh/asq-toolkit-materials/index.shtml>

SOS Signs of Suicide Prevention Program (MindWise Innovations)
<https://www.mindwise.org/resources/trainings/> Trainings to become an ambassador for your community or to bring programming curricula and kiosks to your school.

AMERICAN FOUNDATION FOR SUICIDE PREVENTION Signs Matter: Early Detection Program. <https://afsp.org/our-work/education/signs-matter-early-detection/>
Online Suicide Prevention Training for K-12 Educators

QPR INSTITUTE <https://qprinstitute.com/> Provides suicide prevention training to individuals, organizations, and professionals.

TEEN SUICIDE PREVENTION Video <https://www.youtube.com/watch?v=3BByqa7bhto>
Created by Mayo Clinic, teens describe common signs, suggestions for what to say to a teen who may be at risk for suicide, and ways to keep them safe.

AMERICAN PSYCHOLOGICAL ASSOCIATION Psychologist Locator <https://locator.apa.org/>

CENTER FOR FAMILY INTERVENTION SCIENCE <https://drexel.edu/familyintervention/abft-training-program/youth-suicide-prevention-training/> Attachment-based family-centered approach to suicide prevention training.

Someone I Love Died by Suicide: A Story for Child Survivors and Those Who Care for Them by Doreen Cammarata (2009) Limitless Press

Finding the Words: How to Talk with Children and Teens about Death, Suicide, Homicide, Funerals, Cremation, and other End-of-Life Matters by Alan Wolfelt (2013) Companion