

RESOURCES: SEXUAL HEALTH

AMAZE <https://amaze.org/> Information about child and adolescent sexual development, including age-appropriate videos, toolkits, lesson plans, and promotional videos.

GO ASK ALICE! <http://www.goaskalice.columbia.edu/> Columbia University health promotion specialists and providers answer sexual health questions.

SCARLETEEN <https://www.scarleteen.com/> Real world sex education for teens and emerging adults.

TALKING WITH TEENS ABOUT RELATIONSHIPS <https://www.hhs.gov/ash/oah/resources-and-training/for-families/relationships/index.html> Office of Adolescent Health (U.S. Department of Health & Human Services). Information and conversation tools.

POWER TO DECIDE.ORG <https://powertodecide.org/> The National Campaign to Prevent Teen and Unplanned Pregnancy. A guide for parent-adolescent communication in Latino families.

My HealthFinder <https://health.gov/myhealthfinder/topics/everyday-healthy-living/sexual-health/talk-your-kids-about-sex> Talk to Your Kids about Sex Guide

Expect Respect® Curriculum and Support Groups <https://www.safeaustin.org/our-services/prevention-and-education/expect-respect/program-manuals-and-one-day-training/>

COACHING BOYS INTO MEN <https://www.coachescorner.org/> An eleven session coach-led intervention with male high school athletes in grades 9-12 to model and promote respectful, non-violent, healthy relationships.

FAMILIES FOR SAFE DATES <https://bookstore.phf.org/Store/Product-Details/productId/466709> Six booklets delivered to families (five of which are designed with interactive activities that caregivers and teens complete together).

RAINN: NATIONAL SEXUAL ASSAULT HOTLINE: 1-800-656-HOPE (4673) Hotline and resources.

CENTERS FOR DISEASE CONTROL AND PREVENTION

- **Positive Parenting Practices** www.cdc.gov/healthyyouth/protective/positiveparenting/index.htm A website with positive parenting practice fact sheets including what fathers can do to influence their teen's sexual health.
- **Parents Matter!** <http://npin.cdc.gov/parentsmatter/>
- **Let's Talk About Sexual Health video series** <https://www.youtube.com/watch?v=dvmb9eUu0p4>

THE ANATOMY OF LOVE <https://theanatomyoflove.com/> Data about romance to help people learn about the biological components of love with videos and relationship quizzes.

SOCIETY FOR ADOLESCENT HEALTH AND MEDICINE Resources <https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Sexual-Reproductive-Health/Sexual-Reproductive-Health-Resources-For-Adolesc.aspx>

Sex is a Funny Word: A Book about Bodies, Feelings, and YOU by Cory Silverberg (2015)

The End of Sex: How Hookup Culture is Leaving a Generation Unhappy, Sexually Unfulfilled, and Confused About Intimacy by Donna Freitas (2013)