

RESOURCES: EXECUTIVE FUNCTION

SESAME STREET RESOURCES <https://www.sesamestreet.org/toolkits/save>
Program for teaching delayed gratification for Pre-K called 'For Me, for You, for Later.'

KIMOCHIS www.kimochis.com Toys to teach children how to recognize and manage emotions, including professional development and training for social and emotional programs.

CENTER ON THE DEVELOPING CHILD HARVARD UNIVERSITY ACTIVITIES GUIDE <https://developingchild.harvard.edu/resources/activities-guide-enhancing-and-practicing-executive-function-skills-with-children-from-infancy-to-adolescence/> Program to enhance and practice Executive Function skills with children, from infancy to adolescence.

CHILDREN'S HOSPITAL OF PHILADELPHIA <https://www.chop.edu/centers-programs/executive-function-consultation-education-and-skills-excel-clinic/interventions> Research-based Executive Function interventions to overcome cognitive challenges.

PAX Good Behavior Game® <https://www.goodbehaviorgame.org/> Evidence-based game used to improve classroom behavior, academics, self-regulation and co-regulation with peers.

PLAY THERAPY SUPPLY.COM <https://www.playtherapysupply.com/childswork-childsplay>
Wide variety of games to improve Executive Function including self-control, anger management, impulse control, social decision-making, empathy, communicating feelings for all ages.

TRIPLE P <https://www.triplep-parenting.com/us/triple-p/> Online positive parenting course for shaping behavior in toddlers to high schoolers.

THE GOTTMAN INSTITUTE <https://www.gottman.com/parents/> Parent and emotion coaching.

SEARCH INSTITUTE <https://www.search-institute.org/tools-resources/free-downloads/> Free, downloadable activities and resources to build developmental assets.

CASEL <https://casel.org/guide/> A comprehensive guide to social and emotional programs.

CREATIVE THERAPY STORE <https://www.creativetherapystore.com/collections/parenting>
Therapeutic games, books, toys, and intervention activities such as 'Feeling Detective Game'.

THE NATIONAL CENTER FOR LEARNING DISABILITIES *Executive Function 101* free E-Book.
<https://www.understood.org/~media/040bfb1894284d019bf78ac01a5f1513.pdf>

NurtureShock: New Thinking About Children by Po Bronson & Ashley Merryman (2009)

Secrets of the Teenage Brain: Research-based Strategies for Reaching and Teaching Today's Adolescents by Sheryl G. Feinstein and Eric Jensen (2013)

Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential by Richard Guare, Peg Dawson, & Colin Guare (2013)

Over-Indulged Children: A Parent's Guide to Mentoring, Revised Ed. by J. A. Fogarty, (2003)

The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection by Brené Brown PhD (2013)

Executive Skills in Children and Adolescents: A Practical Guide to Assessment and Intervention, 2nd Edition by Peg Dawson and Richard Guare (2010)