

RESOURCES: ALCOHOL & DRUGS

GENEUS HEALTH <https://www.geneushealth.com> Home of the Genetic Addiction Risk Score (GARS®), a genetic test to uncover vulnerabilities to addiction, mental health issues, and other co-occurring disorders.

ALCOHOL CONTENT CALCULATOR <https://www.rethinkingdrinking.niaaa.nih.gov/Tools/Calculators/Default.aspx> National Institute of Health tool. Calculates alcohol content and BAC.

BRAD21.ORG <http://www.brad21.org/> Be Responsible About Drinking, Inc. in honor of Bradley McCue who died of alcohol poisoning after celebrating his 21st birthday. Personalized 21st birthday cards, alcohol poisoning wallet cards, information, and speaking engagements.

KEEPIN' IT REAL <https://real-prevention.com/keepin-it-real/> Scientifically proven, effective substance use prevention and social and emotional competency enhancing program designed to focus on the competencies linked to preventing substance use and abuse.

UNDERAGE DRINKING LAWS <https://alcoholpolicy.niaaa.nih.gov/underage-drinking/state-profiles> Statutes and regulations regarding underage drinking and social hosting.

MOTHERS AGAINST DRUNK DRIVING <https://www.madd.org/> Drugged and drunk driving prevention.

IMAGEN <https://imagen-europe.com/> European longitudinal brain imaging research project.

NATIONAL INSTITUTE ON DRUG ABUSE FOR TEENS <https://teens.drugabuse.gov/teens> Activities, games, quizzes, pamphlets, and toolkits for teachers, parents, and teens.

AAAS SCIENCE INSIDE ALCOHOL PROJECT E-BOOK <http://sciencenetlinks.com/tools/science-inside-alcohol-e-book/> Interactive e-book guide through the effects of alcohol on the body.

BCBS SCIENCE LEARNING <https://bscs.org/resources/educator-resource-center/drug-abuse-addiction-and-the-adolescent-brain/> Adolescent Brain educational modules for middle school students about drug abuse and addiction in relevant, real-life contexts.

ALCOHOLICS ANONYMOUS® <https://aa.org/> **MARIJUANA ANONYMOUS** <https://www.marijuana-anonymous.org> **INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN AA** <https://www.icypaa.org/>

DRUG FREE AMERICAN FOUNDATION, INC. <https://www.dfaf.org/> A drug prevention and policy organization offering information, resources, journal articles, and videos about drugs.

FOUNDATION FOR A DRUG-FREE WORLD <https://www.drugfreeworld.org/> Nonprofit public benefit corporation that empowers youth and adults with factual information about drugs including videos, booklets, calls to action, drug-free life pledge, and online pledges.

SAMHSA's NATIONAL HELPLINE – 1-800-662-HELP (4357) A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

TEEN SAFE <http://teen-safe.org/> Prevention course for parents with certificate of completion.

Smokefree.gov <https://smokefree.gov/> Tips, tools, and expert advice to help quit smoking with separate pages for veterans, women, teens, Spanish speakers, and people over age 60.

PAVe (PARENTS AGAINST VAPING eCIGARETTES) <https://www.parentsagainstvaping.org> Founded by three mothers; includes list of signs that your child might be vaping.

Cartoon All-Stars to the Rescue (1990) <https://www.youtube.com/watch?v=lwDTB7yVN9I>

Volume II: Opioid Abuse/Overdose Prevention: Song for Nadia <https://teenhealthcomics.org/>

Reefer Sanity: Seven Great Myths About Marijuana by Kevin A. Sabet (2013) Beauford Books

It Will Never Happen to Me: Growing Up with Addiction as Youngsters, Adolescents and Adults, 2nd edition by Claudia Black (2020)